WHAT IS CLAIMED IS:

- 1. A fitting ball club for use in fitting a desired length for iron-type golf clubs for an individual player, said fitting ball club comprising:
 - a spherical ball having a hosel bore therein;
- a golf club shaft one end of which is in said hosel bore and connected to said spherical ball; and
 - a golf club grip on the other end of said shaft.
- 2. The fitting ball club of claim 1, wherein the hosel bore extends from the exterior surface of the spherical ball into the center portion of the spherical ball.
- 3. The fitting ball club of claim 1, wherein the spherical ball additionally comprises a hosel portion extending substantially radially from the spherical ball and the hosel bore is in said extending hosel portion.
- 4. The fitting ball club of claim 1, wherein a portion of the exterior surface of the spherical ball comprises a chordal section-like flat face substantially parallel to the axis of the hosel bore.

- 5. The fitting ball club of claim 1 having an overall length of about 37-1/2 inches.
- 6. A fitting system kit for prescribing length for iron-type golf clubs for an individual player, comprising:
 - a fitting ball club in accordance with claim 1, and the data of Fig. 4.
- 7. A method for prescribing overall club length for irontype golf clubs for an individual player, said method comprising: measuring the erect height (PH) of a player to be fitted; providing the player with a fitting ball club (FBC) comprising:
 - a spherical ball having a hosel bore therein,
 - a golf club shaft one end of which is in said hosel bore and connected to said spherical ball, and
 - a golf club grip on the other end of said shaft;

having the player hold the fitting ball club in address position as if about to hit a golf ball therewith;

measuring the wrist-to-floor measurement (WFM) vertically from the player's higher wrist to the floor therebelow;

locating data in the first two columns of the table of Fig. 4, said data corresponding to the PH and WFM measurements, respectively, for the player;

deriving an incremental length LCC from the third, length control club column of Fig. 4, and adding that incremental LCC length to 37-1/2 inches, thereby giving a prescribed overall club length for that player.

- 8. The method of claim 7 additionally comprising increasing the prescribed overall club length by one-half inch for increasing ball flight distance.
- 9. The method of claim 7 additionally comprising decreasing the prescribed overall club length by one-half inch for increasing ball flight accuracy.